



CAMPUS HEALTH

@HealthyPenn  

ABOUT US

Campus Health is the public health branch of Student Health Service. We seek to improve health and well-being across campus through policy, health education, and disease surveillance. We strive to create the healthiest people on the healthiest campus.

PROGRAMS

Campus Health is proud of the work we do in helping the Penn community. Our programs are meant to target all areas of health. Last academic year, we reached over 10,700 Penn Students.



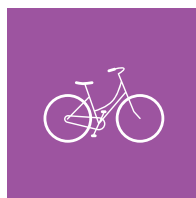
DISEASE PREVENTION

Updates



BE WELL

Stress Reduction



BIKE WELL

Bicycle Safety



BREATHE WELL

Smoking Cessation
Tobacco-Free Campus



EAT WELL

Nutrition



FLU CLINIC

Get Vaccinated



MOVE WELL

Exercise & Fitness



SEX WELL

Sexual Wellness



SLEEP WELL

Sleep Quality

INFO AT: campushealth.wellness.upenn.edu